

The Tides of Change: Moving Primary Care Nursing Forward

May 3rd, 2020- AM only

Marriott Hotel, Halifax, NS

0800-0845hrs- Family Practice Nurses Association of Nova Scotia - Annual General Meeting

0845-1015hrs- Panel of FPNs: Q&A to help Clarify and Improve your Practice

Ciara Stevens RN, BScN, CNCC(c)

Ciara is a Registered Nurse working as a Family Practice Nurse at Birchwood Medical Clinic in New Minas, NS. She holds a Bachelor of Science in Nursing from Saint Francis Xavier University. Prior to jumping into the realm of primary care, Ciara worked in critical care. It was her time in ICU that allowed her to recognize that her true calling is *upstream*, in Primary Care. Ciara has her certification as a Critical Care Nurse and also has her certification as a Yoga Teacher. She has a passion involving all things “diabetes” and especially loves helping to build a sense of community for people living with chronic illness. Lastly, she is a self-proclaimed health and wellness nerd.

Bonnie Peterson RN

Bonnie graduated from Memorial High School in 1984 from Sydney Mines. She then attended the University College of Cape Breton Bachelor of Arts Program. She then graduated with a Diploma in Early Childhood/Special Education from Holland College in PEI. She then pursued nursing and graduated from the Aberdeen Hospital School of Nursing in 1991. She has worked in acute care, long term care, mental health both inpatient and outpatient services. She was a previous Director of Care at the Mira Long Term Care Facility in Truro. She also held the position of Nursing Supervisor at Riverview Home Corporation. She has worked 19 years in Family Practice Clinics. She currently has been working for the last nine years as a Family Practice Nurse at the Westville Medical Clinic. She is a strong advocate of Woman’s Health in her community. Bonnie is on the FPNANS executive as the education chair. She is the proud mom to Matthew (21) and Nicholas (17). She is a hockey, karate and Motor cross mom in her spare time.

Joanna Cox RN, BScN, BAH

Joanna is a Registered Nurse who has practiced in several clinical settings, including ICU, emergency care, mental health, recovery room and nephrology. She also has a background in Adult Education and is delighted to be now using both her teaching and nursing experience with varied patient populations as a Family Practice Nurse. Joanna practices as part of a Collaborative Family Practice Team in the rural town of Windsor, providing comprehensive care across the lifespan. She is passionate about empowering people to be actively involved in their own preventative care and chronic disease management. She has a special interest in both

Mental Health and Diabetes self-management education and support. Joanna sits on the executive for the FPNANS as our secretary. She received the former Capital District Health Authority's "Angels in Action" recognition award in 2009, which is particularly meaningful to her as it was conferred based on patient/family nomination.

Lucy Swaray RN

Lucy is a Registered Nurse with over thirty years experience in general nursing, specializing in Maternal and Child Health and children and adult clients in community and hospital settings. She graduated in 1983 with a State Registered Nurse Certificate in Sierra Leone. She then graduated in 1987 with a State Certified Midwife Certificate in Sierra Leone. She then went on to complete her Registered General Nurse certification in 1990 in the United Kingdom. She then obtained her RN certification in Nova Scotia in 1996. She works full time at the IWK-Grace Maternity Hospital with 50% of her time in neonatal ICU, 30% in NICU and 20% in transitional care. She has been working as a Family Practice Nurse on a casual basis at the North End Community Health Center.

1030-1200hrs- Competencies for Registered Nurses in Primary Care: The link to Certification

Dr. Julia Lukewich

Julia Lukewich is an Assistant Professor at Memorial University (St. John's, Newfoundland & Labrador). She completed her PhD in Nursing at Queen's University. Her research focuses on the integration and optimization of nursing within the primary care setting. She is the recipient of several awards and scholarships, including the 2017 Council of Ontario University Programs of Nursing Doctoral Dissertation Award. In April 2018, she assumed the position of President-Elect for the Canadian Family Practice Nurses Association (CFPNA). In collaboration with the CFPNA, CNA, and an expert team of researchers/stakeholders, Julia is the lead in the development of a defined set of national competencies for Registered Nurses in primary care. Her clinical background includes emergency room nursing and primary care nursing.

Tanya Magee RN BN

Tanya is graduate of Dalhousie University and has worked in a variety of settings including pediatric emergency, pediatric critical care, adult emergency, nursing education and program development. In 2007 Tanya transitioned her clinical practice to the primary care setting where she continues to practice. She is a Clinical Nursing Instructor with the Family Practice Nursing Education Program at the Registered Nurses Professional Development Centre in Halifax NS where she has had the opportunity to be involved in the development of competencies for Registered Nurses working in family practice settings. Tanya is a stakeholder in the research led by Dr. Julia Lukewich to develop a defined set of national competencies for Registered Nurses in primary care.