



Canadian Family Practice Nurses Association

&

Manitoba Primary Care Nurses Association

National Conference and Education Day



Grass Roots

April 27-29, 2018

Inn at the Forks, 75 Forks Market Road, Winnipeg MB

With the Forks National Historic Site and the Canadian Museum for Human Rights steps away from the conference area, you are already well on your way to discovering why National Geographic named Winnipeg one of the best cities on Earth in 2016.

Registration

\$175 Early bird – extended to March 22!

\$225 After March 22.

[Visit Eventbrite to register.](#) Registration includes meals, refreshments, and access to all events Friday through Sunday.

Reduced room rates available at the Inn at the Forks for conference attendees. Use code **257974**, or quote **Canadian Family Practice Nurses Association conference** online at <http://www.innforks.com/> or by phone at [\(204\) 942-6555](tel:2049426555). Rooms are limited so act fast to ensure you get the best rate!

Schedule of Events

Friday, April 27 1900-2100 hrs: Wine and Cheese Event		
1900	Panel Presentation: The Power of a Collective Voice: Coming Together to Form a National Nursing Association <i>April Mills, Michelle Allard, Ann Alsaffar, and Patsy Smith</i>	
Saturday, April 28 0745-1630 hrs: Education Day		
0745	Registration and breakfast	
0830	Opening Remarks <i>Chrissy Rowan, RN CDE BN student NP, CFPNA President</i>	
0845	Keynote Address Caring is an Act of Love <i>Wab Kinew</i>	
0930	Cancer & Sexuality: Is This an issue for MY patients? <i>Dr. A. Katz, RN PhD</i>	
1015	Health Break <i>Exhibit hall and poster presentations</i>	
1030	Basics of Spirometry <i>Dr. C. Fotti, MD CCFP</i>	RN(AP) A New Option for Prescribing <i>Kathryn Braun, RN NP MN</i>
1115	Legalities of Nursing <i>Anika Clark, BA (Honours) LL.B. Lawyer for the Canadian Nurses Protective Society</i>	
1200	Lunch <i>Exhibit hall and poster presentations</i>	
1300	CFPNA General Meeting	
1330	Setting the Stage for your patient: The IF's, WHAT's and WHY'S of anticoagulation <i>Dr. J. Falk, PharmD</i>	Introducing the Canadian Diabetes 2018 CPG: Preparing for the storm <i>Lori Berard, RN CDE</i>
1415	Health Break <i>Exhibit hall and poster presentations</i>	
1430	Tips and Tricks: How to conduct an evidence based infant/child health maintenance exam <i>Sylvie Beaudry, RN NP MScN</i>	Hypertension Updates <i>Dr. R. Feldman, MD FAHA FACP FRCPC</i>
1515	Current Trends in Harm Reduction <i>Shelly Marshall, RN PhD(c)</i>	
1600	Introduction to Competency Building Workshop <i>Canadian Nurses Association</i>	
1615	Closing Remarks <i>Irka Huley, RN NP MN, MPCNA President</i>	
Sunday, April 29 0745-1200 hrs: Competency Building Workshop		
0745	Breakfast	
0815	MPCNA General Meeting	
0845	Building Family Practice Nursing Competency Workshop <i>Dr. Julia Lukewich, RN PhD, facilitated by Helena Wall, RN BN M. Ed.</i>	
1000	Health Break	
1015	Building Family Practice Nursing Competency Workshop (<i>continued</i>)	

Speaker Information



Wab Kinew

Wab Kinew is the Leader of the Manitoba NDP, Leader of the Official Opposition in Manitoba and is the MLA for Fort Rouge. He is the author of the award-winning Number 1 national bestseller “The Reason You Walk: A Memoir.” Previously, Wab was the Associate Vice-President for Indigenous Relations at The University of Winnipeg, host of the acclaimed documentary series “8th Fire” and host of CBC’s Canada Reads literary competition. His hip-hop music and journalism projects have won numerous awards. Wab is also an Honourary Witness for the Truth and Reconciliation Commission of Canada.

April Mills, RN CDE, Michelle Allard, RN BN, Ann Alsaffar, RN , and Patsy Smith, RN MN

In 2007, the Canadian Family Practice Nurses Association held their first meeting and in Winnipeg. Four of the seven nurses that formed the association will be joining us to share their experience in advocating for the role of family practice nurses across Canada.

April Mills brings over 41 years of nursing experience, most of her career has been in Primary Care seeing patients and teaching Family Practice Residents in interdisciplinary teaching clinics in Winnipeg. She is a Certified Diabetes Educator, Certified in Foot Care and holds a nil appointment with University of Manitoba, Faculty of Medicine. She was the founding member of the Manitoba Primary Care Nursing Association and of the Canadian Family Practice Nurses Association. She was the recipient of the 2011 Consistent Excellent Performance Award from Seven Oaks Hospital and in 2007 College of Registered Nurses of Manitoba Excellence in Professional Nursing Award. She currently is working with WRHA in a fee for service clinic in collaboration with Primary Care Physicians and Physician Assistant at Prairie Trail at the Oaks – Seven Oaks Hospital.

Michelle Allard is one of the seven founding members of CFPNA. She has 25+ years of nursing experience in the areas of acute care paediatric, rural public health, urban community health and her current position is an Academic Primary Care Nurse in an urban Family Medicine Residency Training Program, University of Manitoba. Michelle co-published a research paper on the Role of the RN in Family Medicine Training Programs. Her primary clinical interest is maternal/child care and she is a certified Triple P Parenting Consultant. Past positions on the CFPNA Executive Committee have also included Membership Chair, President Elect and President (2012-2014). She continues her role on the Executive Committee as Website Manger.

Ann Alsaffar is a family practice nurse in Ottawa. She trained in Ireland and moved to Canada where she worked as public health nurse in Northern Newfoundland, crossed Canada and settled in Ottawa where has been an advocate for nurses in family practice across multiple sectors. She held multiple positions on the executive committee of the Ontario Family Practice Nurses Association. She advocated with RNAO to have family practice nurses recognized as an interest group of RNAO 1991 and as founding

President of CFPNA introduced CFPNA as the 40th associate member of CNA. She continues to be a champion for the RN in family practice.

Patsy Smith RN, MN is a family practice nurse and health care consultant in Halifax. She was the lead in the development of the first family practice nurse program in Canada and the consultant supporting the CNA Primary Care Toolkit development. Patsy has worked with teams across Canada to optimize the role of the Registered nurse in Primary care. She is the past vice-president of CFPNA, past president of the Family Practice Nurses Association of Nova Scotia and has recently rejoined CFPNA as interim Secretary.

Dr. Anne Katz, RN PhD

Dr. Anne Katz is the certified sexuality counselor at CancerCare Manitoba and Clinical Nurse Specialist at the Manitoba Prostate Centre. She provides fertility preservation counseling for the organization and also runs a sexual rehabilitation program for women after radiation therapy.

Dr. Katz is the editor of the Oncology Nursing Forum, the premier research journal of the Oncology Nursing Society. She was inducted into the American Academy of Nursing in 2014. She has educated health care providers and cancer survivors about cancer, sexuality, and survivorship around the world and is an avid blogger for ASCO Connections.

She is the author of 13 books for health care providers and health care consumers on the topics of illness and sexuality as well as cancer survivorship.

Dr. Chris Fotti, MD CCFP

Dr. Fotti completed his family medicine training in 2010 at the University of Manitoba. His practice includes office family medicine and hospital based critical care. He is also involved in the education of future doctors and is a Lecturer in the Department of Family Medicine at the University of Manitoba. Dr. Fotti has a special interest in respiratory disease and is the Manitoba/Saskatchewan representative for the College of Family Physicians of Canada Respiratory Medicine Committee.

Kathryn Braun, RN NP MN

Kathryn Braun graduated from the Joint Baccalaureate Nursing program from Red River College and University of Manitoba in 2002 and the Athabasca University Master of Nursing: Nurse Practitioner Program in 2015. She has worked clinically in at St. Boniface Hospital medical/surgical intensive care, and as a NP in several rural and urban sites. She began teaching at Red River College in 2008, first as a clinical instructor then in the Bridging Program for Internationally Educated Nurses (BPIEN), later becoming the Program Leader. She is currently the Course Leader for Health Assessment 2, as well as the instructor for the RN(AP) Health Assessment and Reproductive Health course.

Anika Clark, B.A. (Honours), LL.B.

Anika Clark, B.A. (Honours), LL.B., is a Legal Advisor with the Canadian Nurses Protective Society. Anika has experience in a wide variety of areas within health law, including medical defence, professional liability and professional discipline matters. Anika has given educational and risk management presentations to physicians and graduating medical students across Ontario. Anika has also appeared before the Ontario Superior Court of Justice, the Ontario Small Claims Court, the College of Physicians and Surgeons of Ontario, the Health Professions Appeal and Review Board, the Ontario Human Rights

Tribunal, Coroner's Inquests and Boards of Inquiry. Prior to joining the CNPS, Anika was an associate at a large national law firm where she practiced civil and administrative litigation exclusively in the area of health law for a variety of regulated health professionals.

Dr. Jamie Falk, PharmD

Dr. Jamie Falk is an Assistant Professor at the College of Pharmacy, Rady Faculty of Health Sciences at the University of Manitoba and practices as a Clinical Pharmacist in the Department of Family Medicine at the Kildonan Medical Centre in Winnipeg. He focuses his clinical and research attention on chronic disease management in the areas of diabetes, cardiovascular disease, COPD, and chronic pain with the aim of optimizing prescribing practices, minimizing patient burden, and promoting effective evidence-based knowledge translation to clinicians and the patients they care for.

Lori Berard, RN CDE

Lori Berard is Diabetes Educator with an expertise in diabetes education, management and clinical research. She is currently an international consultant in diabetes management and clinical research operations. She was the Nurse Manager at the WRHA Health Sciences Centre Winnipeg Diabetes Research Group and a Faculty Member at the University of Manitoba Department of Medicine Section of Endocrinology until July 2017. As a certified diabetes educator, she has over 30 years experience in the area of diabetes and continues working in the community as a Diabetes Nurse Clinician/Educator at the Wellness Institute Seven Oaks General Hospital. She continues to be actively involved in many research and educational initiatives with numerous presentations and publications. Lori has been a professional member and major volunteer of Diabetes Canada for more than 25 years and has extensive experience with the Clinical Practice Guidelines. She has received many honors and awards related to her work in diabetes.

Sylvie Beaudry, RN NP MScN

Sylvie Beaudry has over 20 years of clinical nursing experience, most of which has been in primary care. She has worked with individuals, families and communities. In 2009 she chose to specialize in pediatrics and works in ACF Pediatrics at St Boniface Hospital. In her current position Sylvie offers primary care to children of all ages, including newborns. She works in collaboration with a multidisciplinary team of nurses, pediatricians, midwives and many more professionals to meet the needs of her patients. In her role as an NP, Sylvie utilizes advanced nursing knowledge and skills focused on assessments, education/health promotion and management of chronic stable illness in the pediatric population. Sylvie has been a guest lecturer for the University of Manitoba NP Program and has also been a clinical instructor for the University of Athabasca NP Program. Over the years she has been a preceptor to a variety of learners ranging from nursing students to family medicine residents. She has been involved with the Nurse Practitioner Association of Manitoba on many facets as well as being involved in advocating the role of nurse practitioners at both the provincial and national level.

Dr. Ross Feldman, MD FAHA FACP FRCPC

Dr. Ross Feldman is the Medical Director of the Cardiac Sciences Program, Winnipeg Regional Health Authority and Professor of Medicine University of Manitoba. He is the author of more than 200 original manuscripts, reviews and book chapters. His clinical research focuses on the management of hypertension and specifically the development of innovative strategies to improve blood pressure control. A major focus of his efforts has been in the prevention and control of hypertension in Canada and specifically in the knowledge translation of optimal treatment approaches for hypertension management.

Among past leadership positions, Dr. Feldman served as President of the Canadian Hypertension Society. He was the first Chair of the Steering Committee of the Canadian Hypertension Education Program. He was also the founding President of Hypertension Canada- leading the process of integrating the efforts of the Canadian Hypertension Society, Canadian Hypertension Education Program and Blood Pressure Canada into what is now the second largest cardiovascular disease not-for-profit agency in Canada. He has received a number of awards and scholarships in recognition of his contributions in research, teaching and for his efforts in the prevention and control of hypertension in Canada.

Shelley Marshall, RN PhD (C)

Shelley is a nurse that has been working in community health in Winnipeg's core area since the 1990s. She works at multiple levels in harm reduction programming, policy, and research as a Clinical Nurse Specialist with the WRHA Population and Public Health. She sits on the boards of the Canadian Drug Policy Coalition, and the Social Planning Council of Winnipeg, and is soon to defend her PhD in Nursing at the University of Manitoba, with a focus on the historical, social, and policy conditions that shape drug-related benefits and harms.

Dr. Julia Lukewich, RN PhD

Dr. Lukewich is an Assistant Professor at Memorial University (Newfoundland) and current CFPNA Member-at-Large. She received her PhD from Queen's University (Ontario). She leads a program of research focused on optimizing nursing contributions to patient care within the primary healthcare setting, specifically focusing on chronic disease management and measuring outcomes reflective of nursing care. She is the Principal Investigator of several funded research projects and has disseminated her research findings through publications in peer-reviewed journals and at many conferences across Canada. She has research expertise in quantitative research methods, including systematic reviews, secondary data analysis, and cross-sectional designs. She is a member on several provincial and national committees. Dr. Lukewich is working in partnership with the Government of Newfoundland & Labrador, Department of Health & Community Services and other stakeholders to advance the integration and role of family practice nursing within primary healthcare teams across the province. Furthermore, in collaboration with the CFPNA, Canadian Nurses Association, and a highly skilled team of researchers, she is leading the development of a national set of family practice nursing competencies. She also has clinical experience in the emergency department and primary care setting.

Helena Wall, RN, BN, M.Ed.

Helena Wall is a registered nurse with advanced facilitation skills who has worked in acute care, long-term care and community as a staff Nurse, Educator, Manager/Director and Consultant. Her areas of interest over the past few years have focused on clinical informatics, strategic planning and advancing evidenced informed nursing practice. Helena along with her colleagues drafted the Public Health Nursing Discipline Specific Competency statements, the Home Health Nursing Competency statements, the Leadership Competencies for Public Health Practice in Canada, the Core Competencies for Managers Who Work in Public Health and refreshed the Third Edition of the Public Health Nursing Practice in Canada Roles and Activities. Helena was also involved in revising the Canadian Community Health Nursing Professional Practice Model & Standards of Practice.

Family Practice Nursing Competency Building Workshop Overview

The workshop is designed to provide an overview of the work that has been done to date to develop a defined national set of family practice nursing competencies. As well, the workshop will offer participants the opportunity to provide feedback on the first draft of competency statements and to inform next steps related to obtaining national consensus and identifying knowledge translation strategies. This workshop is being led by Dr. Julia Lukewich and being professionally facilitated by Helena Wall.